

COMPETITION and DEVELOPMENT SQUADS.

These groups are selected from the membership by trial and testing and members **MUST** demonstrate a commitment to attend training, an exceptional work rate, a competitive instinct and an ambition to succeed at a high level of performance. The **CLUB** and the **FAMILIES** must **INVEST** considerable time and expense in maintaining the progress of these members and so very clear targets are set from the National Governing Body **AGE** by **AGE** skill development levels. Membership of the group is reviewed twice a year **APRIL** and **SEPTEMBER** and continuing membership of these groups is dependent on;

- A minimum attendance of 85% of the training times offered.
- Meeting the skill levels of their particular age level setwork for the competitive pathway at Regional and National performance.
- Demonstrate a safe, confident and determined attitude to succeed in learning, skill practice and performance.

All must understand that gymnastics is developed at a young age and the expectations for elite gymnastics are therefore very demanding of both physique and character. Selection is based on a snapshot of physical type and identified natural ability. DNA, physical type, lifestyle and character are very much a part of the equation. Regular reviews are necessary, it would be wrong of us to continue taking your membership fees if an elite outcome is not possible. This would place children, parents and coaches under an unreasonable expectation. The club is a large organisation with alternative options for participation. There is a place in the club for all.